

## **Growth Assignment**

**Wednesday, October 28, 2020**

### **Jonah – When You Don't Like God's Plan - Part 1**

Because Jonah doesn't get his way, he gets resentful. Resentment is the most worthless emotion in your life. Any time you get resentful, you're going to hurt yourself more than you hurt the person you're resentful against. If I asked you to remember somebody who's hurt you, you could probably pretty quickly bring up somebody in your mind who's hurt you and you've had resentment against them. You think by resenting them, you're holding them accountable, but actually, when you're resenting somebody, all you're doing is make yourself miserable. They're not even thinking about you while you're thinking about them all the time.

- 1. Who are the people that you feel resentment towards? How is your resentful attitude toward them improving the quality of your life?**
  
- 2. Reflect on a time or times when God's plan didn't fit into your plan. Using our five responses to God ( Frustration, Anger, Self-Pity, Depression, Despondency) can you identify that you felt or currently feel, resentment toward God? How do you justify your resentment?**

#### **Matthew 6: 14 & 15 (ESV)**

*For if you forgive others their trespasses, your heavenly Father will also forgive you, <sup>15</sup> but if you do not forgive others their trespasses, neither will your Father forgive your trespasses.*

- 3. Is there anyone you do not want God to forgive? Is there anyone you are unwilling to forgive that God has already forgiven?**

**Like Jonah, we want grace, mercy, forgiveness for ourselves, but we want justice for those who hurt us.**