

Sunday, January 21, 2024

A few things we MUST have in our lives:

**1. The Bible**

**1 John 2: 13 & 14**

*I write to you, fathers, because you have known Him who is from the beginning. I write to you, young men, because you have overcome the wicked one. I write to you, little children, because you have known the Father. <sup>14</sup> I have written to you, fathers, because you have known Him who is from the beginning. I have written to you, young men, because you are strong, and the word of God **abides** in you, and you have overcome the wicked one.*

**Menō – A permanent relationship with Jesus... Like a Father and Son...**

**It delivers us (humans) from the useless struggle to change ourselves to become “good enough.”**

**We LIVE / BEHAVE in a manner that demonstrates we are followers of Jesus.**

**Not External Constraints...**

**Genuine , Internal Transformation!**

**2. The Holy Spirit**

**3. Fellowship**

**Hebrews 12: 25 (NLT)**

*And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near.*

**4. Prayer**

**How is your prayer life?**

## **1 Timothy 2: 1 (NLT)**

*I urge you, first of all, to pray for all people. Ask God to help them; intercede on their behalf, and give thanks for them.*

### **Jesus is our example...**

#### **Luke 5: 16 (NLT)**

*...Jesus often withdrew to the wilderness for prayer.*

### **Jesus prayed through the night...**

#### **Luke 6: 12 (NLT)**

*One day soon afterward Jesus went up on a mountain to pray, and he prayed to God all night.*

### **Dr. Estridge...**

### **Jesus rose early to pray...**

#### **Mark 1: 35 (NLT)**

*One day soon afterward Jesus went up on a mountain to pray, and he prayed to God all night.*

### **Classmate...**

### **Jesus modeled the importance of solitude...**

### **Following the Feeding of the 5000...**

#### **Mark 6: 46 (NLT)**

*After telling everyone good-bye, he went up into the hills by himself to pray.*

### **Before the Mount of Transfiguration...**

#### **Luke 9: 28 (NLT)**

*...Jesus took Peter, John, and James up on a mountain to pray.*

### **The process of selecting spiritual leadership...**

#### **Luke 6: 12 (NLT)**

*One day soon afterward Jesus went up on a mountain to pray, and he prayed to God all night.*

### **Prayer isn't easy...**

~ J. H. Jowett

**“All vital praying makes a drain on a man’s vitality. True intercession is a sacrifice, a bleeding sacrifice.”**

**“Jesus performed miracles without a sign of outward strain, but**

*‘...he offered prayers and pleadings, with a loud cry and tears...’ Hebrews 5: 7 (NLT)*